



**American
Red Cross**

Dolphin Tales

Program Details

Dolphin Tales is an American Red Cross Parent and Child program designed for children ages 6 months to approximately 3 years, and their parent. The purpose of the course is to familiarize children with the water and teach skills through water play, songs and games.

Classes will meet 30 minutes, once a week

Classes fees, dates, and times are on the registration page

Objectives

- Blowing bubbles
- Submerge mouth, nose, eyes
- Front float/glide with support or assistance
- Back float/glide with support or assistance
- Arm & leg actions

Safety Skills

- Holding and Support Techniques (Parents)
- Entering and exiting the water safely
- Using cues/listening to cues
- Passing from instructor to parent