

SWIM TEST INFO: BROOKSBY SUMMER and TEEN ADVENTURE PROGRAMS

STATE REGULATIONS HAVE CHANGED, PLEASE READ CAREFULLY.

In order to comply with Christian's Law and our local regulations, **all children who will be attending a program that will be going to any beach or open water where swimming may occur, needs to have a current 2018 swim test** from an approved testing facility. If your child is signed up and does not have a current swim test, they will be deemed as a non-swimmer and **MUST** wear a life jacket at all times while we are around the water.

Please note that if your child does not take or pass a swim test, *they may still participate during the field-trip!* Our staff is prepared to manage this requirement with the utmost sensitivity to everyone involved.

Programs with field-trips where a swim test is required:

BROOKSBY SUMMER ADVENTURES

SESSION 2 (7/2-7/6)

SESSION 3 (7/9-7/13)

SESSION 5 (7/23-7/27)

SESSION 8 (8/13-8/17)

TEEN ADVENTURE WEEKS

Adventures at Gunstock (7/17-7/19)

Boston Harbor Camping (7/24-7/26)

Learn to Sail on the Charles (8/6-8/10)

Whitewater Rafting (8/20-8/22)

******All other programs DO NOT require swim testing either because waterfront field-trips do not come into play or because all participants will be wearing a life vest for that trip.***

Options for on-going swim testing:

- **Torigian Family YMCA** - 259 Lynnfield St. Peabody (978) 977-9622
\$5 test fee or free if you are a member of the
- **Greater Beverly YMCA** - 254 Essex Street, Beverly (978) 564-3906
Testing available by appointment for testing fee:
Contact, Aquatics Director, at northshoreymca.org
- **Salem YMCA** - One Sewall Street, Salem (978) 740-9622
Testing available by appointment
- **Lydon Aquatic Center** - Call ahead to determine availability. (978) 774-9335



CITY OF PEABODY

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RECREATION, PARKS & FORESTRY

U.S. Coast Guard Approved Life Jackets and the different levels



Type One



Type Two



Type Three

Type 1 or Off Shore Life Jackets – Typically found on cruise ships or boats that are travelling far from the coast line. They are bulky and are not intended for aquatic activities. They can be difficult to swim with.

Type 2 or “Near Shore” Life Jackets – These types of jackets are more typically found on boats and are not designed for in water activities. They are designed to keep your head out of the water.

Type 3 or Flotation Aids – These are typically vest style jackets that are commonly used for water skiing and other aquatic activities. These are the most popular type for in-water activities.

If your child is deemed a non-swimmer or an at-risk swimmer, any one of these style jackets are acceptable for the program. Please make sure of the following:

- It meets “serviceable condition” requirements meaning it is good and usable.
- Give the life jacket a thorough examination to ensure that it is free from tears, mold, mildew, or other damage.
- Feel the jacket, does the buoyant material “spring back” as it should or is it broken or brittle?
- Check the life jacket label for U.S. Coast Guard certification number.
- Read the label on the life jacket to confirm accurate sizing based on child’s weight and chest size.

****Please bring your child’s life jacket the day before the program is scheduled to go to the water. If you are unable to provide one, we will ensure your child has a properly fitted, U.S. Coast Guard approved life jacket.**